



Leadership Through Service Teen Summer Quest 2020

Ecuador

Date	Day	Particulars
July 11th	Saturday	Arrival into Mariscal Sucre Airport (UIO) Transport to hostel
July 12th	Sunday	Orientation at the hostel with local staff City tour of Quito, the capital and largest city in Ecuador Visit to the Mitad del Mundo – straddle the equator line! Welcome dinner in local restaurant
July 13th	Monday	Volunteer service at a local day care in Northern Quito Afternoon visit to ride the Teleférico (cable car) up the Pichincha volcano to Cruz Loma lookout
July 14th	Tuesday	Drive to Otavalo, an indigenous village about 2 hours outside of Quito famous for its markets. Continue on to San Clemente, another indigenous community Introduction to the community and volunteer service Stay in San Clemente community house
July 15th	Wednesday	Volunteer service in San Clemente community Cooking or salsa class
July 16th	Thursday	Volunteer service in San Clemente community
July 17th	Friday	Depart San Clemente for Mindo Artisanal chocolate tour and visit to Nambillo Waterfall Overnight in Mindo
July 18th	Saturday	Final reflection presentations at the hotel Enjoy swimming and relaxing before driving back to Quito Farewell dinner in local restaurant Evening departure from Mariscal Sucre Airport (UIO)

**This is a sample itinerary and subject to change based on local availability. All program elements will be included.*



Project Information

Semillas de Esperanza Day Care – Children & Education

Semillas de Esperanza was founded in 1996 as part of a public day care program that is supported by the local Ecuadorian government. The day care is located in the Northern part of Quito in an area called Carcelen Bajo. The day care serves approximately eighty children between the ages of one to three years old, who all come from underserved communities. Most of the children come from families with financial difficulties, single mother households, rural areas, and immigrants from Colombia and other nearby countries. At the center, the children receive nutritious meals during the day, educational classes to begin their learning development, and regular medical check-ups. The parents of the children also benefit from this service, as it gives them the freedom to earn an income during the day to help support their families, while their child is well taken care of.

Possible Volunteer Tasks

Tasks will vary depending the time of year, number of volunteers, and the specific needs of the community during the time you are in country. Sample volunteer tasks:

- To play with and help to take care of the children
- To teach English
- To help with mealtimes
- To do creative group activities with the children such as music classes, theater activities, crafts, and English classes
- To play with the children and give them the extra attention they need

San Clemente Community – Environmental Sustainability

San Clemente is an indigenous community located north of Quito, Ecuador. The aims of the project are to provide environmental and educational initiatives to the local community and tourists. Through educational initiatives, the community hopes to create a strong generation of leaders, who have the skills to thrive in a globalized world while also maintaining and cherishing the local heritage and culture. Environmental initiatives hope to preserve and recover sites that are threatened due to pollution and deforestation. For indigenous communities like San Clemente, protecting 'Pacha Mama' (or Mother Earth) is more than a slogan, it's a way of life.

Possible Volunteer Tasks

Tasks will vary depending the time of year, number of volunteers, and the specific needs of the community during the time you are in country. Sample volunteer tasks:

- To plant local species of trees to help reforestation efforts.
- To work in the organic garden: potatoes, mellocos, quinoa, beans, beans, corn, barley wheat and other products are grown. Help harvest, cultivate and prepare the soil for traditional plantings.



- To assist in the clearing and upkeep of trails in the community used for nature walks and hiking.
- Help beautify the primary school in the community through painting projects like murals and gardening.
- Learn and assist the women in the community with traditional embroidery.
- To help prepare for the equinox and solstice celebrations in the community.
- To live, work, and spend free time with members of the San Clemente community.

Packing List

- Comfortable, warm clothes
- Rain or work boots
- Rain poncho or jacket
- Insect repellent
- Sunscreen
- Protective hat
- Work gloves

Leadership Through Service

The Teen Summer Quest to Ecuador is designed to be a volunteer program for under-18 individuals interested in summer travel. The program will include many elements meant to develop leadership skills while harnessing an appreciation for other cultures. The program will include a pre-departure training webinar hosted by the Boston staff and will focus specifically around leadership development. Once in-country, you will have the opportunity to visit different volunteer project sites related to Children & Education and Environmental Sustainability. These projects will give volunteers insight into the unique services and challenges faced by each local community in Ecuador. Each day will culminate with reflective activities and guided discussions, and there will be a final reflection on the last day of the trip where each volunteer will be asked to present on their experiences during the program. Upon return, you will receive participation letters and service awards that recognize your involvement in the program.

Program Fee: \$2,725

Includes:

- Pre-departure training and support
- Pre-departure and in-country leadership training
- Orientation upon arrival
- Round trip airport transfers and daily transportation
- Accommodations and meals
- Cultural activities and excursions per the itinerary
- Full time guide and translator
- Welcome and farewell dinners
- Travel medical insurance