

Leadership through Service Teen Summer Program

New Hampshire and Peru Itinerary

| Date | Day | Particulars |
|---------|-----------|---|
| 7/9/15 | Thursday | Arrive at Boston Logan airport Transfer to training site in Rindge, NH provided by United Planet |
| 7/10/15 | Friday | Leadership Training activities (see below) |
| 7/11/15 | Saturday | Leadership Training activities |
| 7/12/15 | Sunday | Transport to Boston Logan airport Flight to Cusco, Peru |
| 7/13/15 | Monday | Arrival and pick up from airport by host family Quest orientation Welcome dinner with Country Coordinator |
| 7/14/15 | Tuesday | Introduction at volunteer site City tour of Cusco Spanish lesson (2 hours) Group reflection |
| 7/15/15 | Wednesday | Volunteer activities (see below) Lecture by community leader Salsa dance lesson – cultural activity |
| 7/16/15 | Thursday | Volunteer activities Spanish lesson Group reflection |
| 7/17/15 | Friday | Volunteer activities Spanish lesson Work on research project |
| 7/18/15 | Saturday | Machu Picchu visit |
| 7/19/15 | Sunday | Machu Picchu visit |

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| 7/20/15 | Monday | Volunteer activities Lecture by community leader Group reflection |
| 7/21/15 | Tuesday | Volunteer activities Spanish lesson Work on research project |
| 7/22/15 | Wednesday | Volunteer activities Cooking lesson – cultural activity Group reflection |
| 7/23/15 | Thursday | Volunteer activities Spanish lesson |
| 7/24/15 | Friday | Volunteer activities Group reflection |
| 7/25/15 | Saturday | Sacred Valley tour |
| 7/26/15 | Sunday | Free time with host family Work on research project |
| 7/27/15 | Monday | Volunteer activities Spanish lesson |
| 7/28/15 | Tuesday | Volunteer activities Spanish lesson Group reflection |
| 7/29/15 | Wednesday | Volunteer activities Presentation of research projects Farewell dinner |
| 7/30/15 | Thursday | Departure for USA |

This is a sample itinerary and subject to change based on local availability. All program elements will be included.



Leadership Training

The Leadership Training is designed to enhance and deepen the international service experience through guided reflections, team-building, and activities. All learning styles will be addressed through experiential activities, journaling, large group, and small group discussions. It will be a fun and interactive few days that will lay the foundation for the trip to Peru, creating common language and a way to talk about the group's experience through guided reflections while abroad. All of the material is applicable to daily life and students will have opportunities to go outside of their comfort zones in a supportive and safe environment, allowing for personal growth that can affect all aspects of their lives.

Topics that will be included in the Leadership Training are:

- Cross-cultural communication
- Conflict resolution
- International service – theory and practice
- Using life transitions for personal growth
- Identity and Self
- Team-building
- Peruvian political, cultural, and economic topics
- Health and safety while abroad
- Research project preparation (to be worked on in Peru and final presentations to the group on last day in Peru)

Students may focus their research project on one of three areas: *Healthcare Issues and Systems in Peru*, *Education Successes and Challenges in Peru*, or *Incan History and Cusco's Role in it*. Students will have the opportunity to speak with local community leaders in Peru about these topics as well as research on their own to develop a final presentation on their topic based on their research and personal experiences

Volunteer Activities

The group will work at a local non-profit that supports children's development, skill-building, and academic progress to stay in school. They will assist the local staff with daily activities as well as create and lead some fun and learning activities for the children.

Travel Information

Thu. July 9, 2015– volunteers must arrive at Boston Logan Airport by designated time (TBA)

Sun. July 12, 2015– volunteers are encouraged to book the flight from Boston to Cusco as chosen by United Planet (pending flight availability - TBA)

Thu. July 30, 2015– volunteers may book a flight directly home from Cusco or may choose the United Planet flight back to Boston and fly with a staff member (pending flight availability - TBA)

