



Tibet Group Quest

Tibet, the land described as ‘the roof of the world’, is shrouded in mystery. Its altitude and geographical location has meant that few foreigners visit, yet it is a land of rich culture and history, and is an ideal destination for someone seeking adventure. Tibetans’ unique language, dress, food, customs, and traditions provide an unforgettable experience for anyone visiting this region.

Despite the romance of the destination, the people of Tibet face harsh realities in economic, educational, and political spheres. United Planet volunteers are placed in the Jyekundo area, which is the name of the capital town of Yushu Prefecture. This is one of the most remote Tibetan regions where Tibetan culture remains very much intact.

Project Information

United Planet volunteers work with local schools teaching English and other subjects as necessary. The children are very eager to learn from native English speakers and volunteers often have a full workload of classes. Group size is usually limited to no more than six.

Accommodation

Accommodation is with a host family. The family has both modern and traditional Tibetan rooms which volunteers can stay in. It is also possible to spend a few nights outside in a traditional Tibetan yert!

Standard Program Fee

The fee for the standard 10-day group Quest described on the itinerary below is \$1945. Your price will differ if you choose to customize your Quest to meet the accommodation and activity interests of your group. Discounts are available for the group leader.

Included in Standard Program Fee:

- Pre-departure training and support
- Orientation upon arrival
- Medical insurance
- Accommodations
- Excursions and cultural activities
- Customized itinerary
- 24/7 in-country support
- Round trip airport transfers
- Meals (some)
- Tibetan language lessons

Not included in the Standard Program Fee: Airfare, Visa, Vaccinations



Standard Group Itinerary Tibet

Date	Day	Particulars
Day 1	Saturday	-Arrival and pick up from Airport -Collection and check-in at guesthouse in Xining -Welcome dinner with Country Coordinator
Day 2	Sunday	-Travel to Chenduo-Yushu in early morning -Meet host family
Day 3	Monday	-Volunteer Work
Day 4	Tuesday	-Volunteer work -Tibetan language lesson
Day 5	Wednesday	-Volunteer Work -Traditional dance lesson
Day 6	Thursday	-Volunteer Work -Tibetan language lesson
Day 7	Friday	-Volunteer Work -Tibetan customs lesson
Day 8	Saturday	-Visit monasteries in Chenduo-Yushu
Day 9	Sunday	-Visit nomadic Tibetan families
Day 10	Monday	-Volunteer Work -Buddhism lesson
Day 11	Tuesday	-Volunteer Work -Tibetan language lesson
Day 12	Wednesday	-Volunteer Work -Tibetan culture lesson -Farwell dinner
Day 13	Thursday	Travel to Xining
Day 14	Friday	Flight home