



Sample Ecuador Itinerary

| Date | Day | Particulars |
|------|-----------|--|
| | Sunday | Arrival and pick up from airport by Country Coordinator. Transfer to host family. |
| | Monday | <ol style="list-style-type: none"> 1. Introduction and orientation to work site. 2. Welcome dinner and Quest orientation |
| | Tuesday | Volunteer Work. Spanish lesson (2 hours) |
| | Wednesday | Volunteer work 7-8 pm Salsa Lesson |
| | Thursday | Volunteer Work. Spanish lesson (2 hours) |
| | Friday | Volunteer Work. Spanish lesson (2 hours) |
| | Saturday | Otavalo Visit |
| | Sunday | Free to explore |
| | Monday | Volunteer Work. Spanish lesson |
| | Tuesday | Volunteer Work. Spanish lesson |
| | Wednesday | Volunteer Work during the day 7-8 pm Cooking Lesson |
| | Thursday | Volunteer Work. Spanish lesson |
| | Friday | Volunteer Work. Spanish lesson |
| | Saturday | City Tour. Farewell Dinner |
| | Sunday | Leave for Airport. Transfer arranged by UP |

This is a sample only. You will receive a personalized itinerary upon arrival in Ecuador. Environmental Quests do not include language lessons and cultural activities. Excursions may also be different, as the projects are located outside of Quito.