



Sample Ecuador Itinerary

Date	Day	Particulars
1	Sunday	Arrival and pick up from airport by Country Coordinator. Transfer to host family.
2	Monday	<ol style="list-style-type: none"> 1. Introduction and orientation to work site. 2. Welcome dinner and Quest orientation
3	Tuesday	Volunteer Work. Spanish lesson (2 hours)
4	Wednesday	Volunteer work 7-8 pm Salsa Lesson
5	Thursday	Volunteer Work. Spanish lesson (2 hours)
6	Friday	Volunteer Work. Spanish lesson (2 hours)
7	Saturday	Otavalo Visit
8	Sunday	Free to explore
9	Monday	Volunteer Work. Spanish lesson
10	Tuesday	Volunteer Work. Spanish lesson
11	Wednesday	Volunteer Work during the day 7-8 pm Cooking Lesson
12	Thursday	Volunteer Work. Spanish lesson
13	Friday	Volunteer Work. Spanish lesson
14	Saturday	City Tour. Farewell Dinner
15	Sunday	Leave for Airport. Transfer arranged by UP

This is a sample only.

You will receive a personalized itinerary upon arrival in Ecuador. Environmental Quests do not include language lessons and cultural activities. Excursions may also be different, as the projects are located outside of Quito.