



## Costa Rica Group Quest

Costa Rica is a beautiful country with a diverse landscape, including rain forests, jungles, beaches, volcanoes, and cloud forests! There is so much beauty to explore on land and warmth to experience from the people. United Planet Costa Rica Quests immerse our volunteers in local communities and provide them with opportunities to explore the variety of adventures that Costa Rica has to offer!

### Projects

#### Social Projects

There are many project options in San Jose including orphanage, teaching, and daycare work.

#### Environmental Projects

Your group can work with environmentally focused non-profits and nature reserves, which usually involves physical labor such as trail creation and maintenance, and construction work. There are also often opportunities in your host community to interact with children with teaching or orphanage work.

#### Healthcare Projects

For groups interested in healthcare, it is possible to work alongside doctors and nurses in local clinics in San Jose. The specific tasks will depend on the background of group participants.

#### High Exchange School Groups

High school groups can spend one week at a Costa Rican High School and one week volunteering. Please ask us for more details.

### Accommodations

Your group may live with host families or in a group house. Living with host families is a great way to experience the flavor and culture of local life while practicing your Spanish! The group house is a nice option for those who would like to have a common space for meetings or reflection. Depending on your group size, there may be others in the house at the same time.

### Standard Program Fee

The fee for the standard 10-day group Quest described on the itinerary below is \$1645.

Your price will differ if you choose to customize your Quest to meet the project, accommodation, and activity interests of your group. The price is based on accommodation with host families; if you choose group housing the price will be adjusted. Discounts are available for the group leader.

Included in Standard Program Fee:

- Pre-departure training and support
- Orientation upon arrival
- Medical insurance
- Accommodations
- Excursions and cultural activities
- Customized itinerary
- 24/7 in-country support
- Round trip airport transfers
- Meals (some)
- Van, Driver, bilingual tour guide

Not included in the Standard Program Fee: Airfare, Visa, Vaccinations



## Standard Group Itinerary Costa Rica

| <b>Date</b> | <b>Day</b> | <b>Particulars</b>   |
|-------------|------------|--|
| Day 1       | Saturday   | -Arrive at San Jose airport and transfer to host family  |
| Day 2       | Sunday     | -Group Orientation   |
| Day 3       | Monday     | -Welcome Event with Host Families  |
| Day 4       | Tuesday    | -Volunteer work<br>-Salsa Dance Lesson   |
| Day 5       | Wednesday  | -Volunteer work  |
| Day 6       | Thursday   | -Volunteer work  |
| Day 7       | Friday     | -Volunteer work<br>-Cultural Show and Farewell with Host Families  |
| Day 8       | Saturday   | -Travel to San Jose for overnight excursion<br>-Tour San Jose city, Opera House, Poas Volcano, Punta Leona Beach |
| Day 9       | Sunday     | -Continue excursion<br>-Farewell dinner  |
| Day 10      | Monday     | -Transfer to San Jose Airport for departure from Costa Rica  |